

Mariposa Women and Family Center

Calendar



Individual - Couples - Children - Family

Mariposa provides professional counseling for individuals, couples, children and families. Fees are based on income after payment of a \$30 intake fee. Please call for more information and a telephone screening. **714-547-6494**

Therapy Groups

Pre-registration required (714) 547-6494

\$10 cash or credit per session. Intake required

By: Mariposa Staff Unless Otherwise Noted.



Personal Empowerment Program: Mariposa will now be offering a PEP class run by WTLC, Friday's 11:30am-1:30 pm. Intake required prior to group. \$10 per class it is a 10 week session group.

Focus on Women's Anger: Thursday 10am-12pm also now available at our San Juan Capistrano office Wednesday 10-11:30am

Men's Support Group: Wednesday 7-8:30pm. By: Mike Meador, MS, LMFT, M.Div.

Beyond Domestic Violence: A 10- week series focuses on healing and recovering from past abusive relationship and be able to have a healthy relationship. Now available at the Orange, and San Juan Capistrano offices. .

Anxiety Group: Thursdays 6-8pm. Call for more information.

Finding Your Voice: Tuesday 10am-12 noon. Call for more information.

Creative Expressions: Friday 10-11:30am a 12-week series uses art, music and movement to build self-esteem and reduce stress.

Women's Sexual Abuse Survivor Support Group:

16-week sessions. Process group for survivors of sexual abuse. Tuesday 5:45-7:30pm

Women Empowering Women: Tuesday 1-2:30pm & Wednesday 6:00-7:30pm weekly support group for adult women in search of additional support and benefit from the power of relating to other women in the community. Now also available at our San Juan Capistrano office Tuesdays 5-7pm

LGBTQ Process Group: Mondays 5-7pm weekly process group. Come receive support from a larger community. Share and process personal experiences, while learning coping skills and stress management techniques.

Grieving Separation and Divorce: Saturday 10:30am.-12 noon. Call for more information.

General Grief Group: Monday 7-8:45pm Is an open group for adults, dealing with the death of a loved one. Call for more information.



SPIN—Substance Prevention & Intervention Program

A four-week program consisting of education and process groups for adolescents and their parents to address substance use and awareness. Adolescents and parents attend an education group together with break out process groups for each. Tuesday 5:30 –8:30pm.

Boy & Girl Talk Group: Thursday 5:30-7:00pm Empowers boys & girls 12 to 17 years old by using interactive activities, games and arts and crafts to openly discuss physical, emotional, and social changes associated with puberty and adolescence.

Family Group: Thursday 7:00-8:30pm Call for more information



Do you have a child struggling academically due to some life experiences such as divorce, domestic violence, homelessness, bullying, death of a loved one, illness, etc...then we would love to serve them! Not only will your child receive homework assistance/tutoring we also work on the behavioral/emotional health of the family. You may enroll your child for one day and up to five days a week. For one hour the child will receive home work assistance/tutoring, the second hour the child will be in peer group (self-esteem building, effective communication, creative expression groups and etc)

Requirements: Academic need, desire to learn & improve. Parent/guardian participate in at least one service offered by Mariposa.

Monday-Friday 3-5pm Children's Grades 1st-6th
Please call for more information and application to enroll



Pre-registration required (714) 547-6494

Parenting of Children & Teens 2 to 17: Tuesday 6-8pm. 12 sessions (Court approved) \$15 intake session required before beginning class. Class fees: \$15 each for individuals, \$25 each for couples. OR, pay in advance for all 12 sessions: \$150 for individuals and \$250 for couples. Includes all materials.



Grupo de Apoyo para Mujeres: Jueves 6-7:30pm
Llame para mas informacion.

812 W Town and Country Rd, Orange, CA 92868-4712, Phone: (714) 547-6494 Fax: (714) 547-9990

www.mariposacenter.org

<http://mariposawfc.blogspot.com/>

Women's Outpatient Program

Up to 24 weeks of alcohol and drug education, relapse prevention and process group, and 4 individual counseling sessions. Fees are based on income.

Now available at our Orange and San Juan Capistrano offices Tuesday & Thursday, call 714-547-6494 for details.

Women's Extended Care Program

Designed for women who have completed a minimum of 30 days in a residential treatment facility or intensive outpatient program within the past 3 months.

Men's Substance Abuse Program

Up to 24 weeks of alcohol and drug education, relapse prevention and process group, and 4 individual counseling sessions. Now available at our Orange and San Juan Capistrano offices, call 714-547-6494 for details.

Childcare

We do provide free childcare to those who attend services at Mariposa. Space is limited, you MUST sign your child up 24 hours prior to appointment time. If your child is not signed up there is no guarantee we can accommodate him/her. Call 714-547-6494 to sign up your child

Pre-registration required for all groups & programs. Please call 714-547-6494 for additional information

Workshops and Special Groups

Twelve Step Group Meetings at Mariposa

AA Early Birds Meeting: Every morning 7-8:15 am, Rm 16

Codependents Anonymous: Sunday 3-4:30 pm, Rm 16

Socializing Anxiety Anon.: Tuesday 7-8 pm, Rm 19

Sex and Love Addicts Anonymous: Wednesday 7-8:30pm,
Rm 16

AA Men's Meeting (C): Thursday 7-8pm, Rm 14

Marijuana Anonymous: Friday 7:30-9 pm, Rm 16

Debtors Anonymous: Friday 7:30-9 pm, Rm 14 and
Saturday 8:30-10 am, Rm 16

AA Winners Circle Meeting: Saturday 6-7:30pm, Rm 16

COSA: Friday 7-8 pm, Rm 28

AI-Anon: Sunday 5:30-6:30 pm, Room 16

Alateen AI-Anon: Sunday 5:30-6:30 pm, Room 14



**Partnering with Orange County United
Way to build self-sufficient lives**

Please contact Mariposa to receive this calendar by e-mail.